



Overview

This policy exists to establish clear expectations regarding the frequency, communication, and voluntary nature of practices across all athletic levels at Agape Christian Academy. It also outlines the required process for scheduling and viewing gym usage to ensure coordinated access and facility stewardship.

Practice Expectations by Team Level

Varsity Teams (Grades 9–12)

- **Practice Limit:** No cap on the number of practices, except for **no practices or games permitted on Sundays**.
- **Parent Communication:** Coaches must provide a detailed practice and game schedule **in advance of the season**. This includes communicating expected attendance, potential conflicts, and any voluntary components.
- **Sunday Policy:** No games or practices are permitted on Sundays.

Junior Varsity Teams (Grades 7–10)

- **Practice Limit:** Maximum of 3 practices per week.
- **Voluntary Practice Clause:** Any additional practices must be clearly labeled as **voluntary**. Participation or non-participation **must not** affect playing time or standing with the team.
- **No Sunday Practice or Play.**
- **Communication:** Schedules and voluntary practice expectations must be communicated clearly to parents before the season starts.
- **Gym Access:** Practices must not interfere with varsity team scheduling.



Middle School Teams (Grades 5–6)

- **Practice Limit:** Maximum of 2 practices per week.
- **Voluntary Practice Clause:** Additional practices are allowed but must be designated voluntary with no punitive impact for non-attendance.
- **No Sunday Practice or Play.**
- **Communication:** Expectations must be discussed with parents before the season begins.
- **Gym Access:** Practices must not interfere with JV or Varsity practice times.

Gym Reservation Requirements

To maintain an organized and conflict-free schedule, all practice sessions must be scheduled using the following tools:

- **Reserve Gym Time:** Coaches must book gym time through the scheduling link:
👉 (See AD for Link)
- **View Gym Schedule:** To avoid conflicts and view reserved time slots:
👉 (See AD for Link)

Final Notes

- All scheduling must be completed before the start of each week.
- Coaches are responsible for ensuring adherence to this policy and modeling a Christ-centered approach to athletics.
- Any deviations must be approved by the Athletic Director or Campus Administrator.